

Regular Meeting Senior Citizens Advisory Board Tuesday, March 9, 2021 2:00 PM

Virtual Please follow the link below to join the meeting:

https://us02web.zoom.us/j/85999334147?pwd=bC9YT29EK1UvbkZhakQvTUJZdW93QT09

Meeting ID: 859 9933 4147 Passcode: 617357

AGENDA

- I. Call to Order
- II. Roll Call
- III. 30 Minute Citizen Comment Period Each speaker signed up prior to the meeting being called to order will be called in the order in which they signed-up. Each speaker will be provided up to three minutes to speak. Persons wishing to participate (speak) during the Citizen Comment portion of the meeting must email nriali@sanmarcostx.gov prior to 12:00PM the day of the meeting. A call-in number to join by phone or link to join by a mobile device, laptop or desktop computer will be provided for participation.

IV. MINUTES

1. Consider approval, by motion, of the December 8, 2020 meeting minutes

V. PRESENTATIONS

2. Receive a Presentation from Board Member Mae Parrish on Senior housing issues, and hold discussion

VI. ACTION ITEMS

3. Discuss and consider approval, by motion, the 2021 Outstanding Senior Citizen Award selection criteria

VII. DISCUSSION ITEMS

- 4. Hold discussion regarding the Senior Citizen Advisory Board Bylaws
- 5. Hold discussion regarding the Senior Citizen Advisory Board Mission and Goals Statement
- 6. Hold discussion regarding future priorities of the Senior Citizen Advisory Board
- 7. Hold discussion regarding the Senior Resource Guide
- 8. Hold discussion regarding the Big Mini Program

VIII. FUTURE AGENDA ITEMS

9. Board Members may provide requests for discussion items for a future agenda in accordance with the board's approved bylaws. *No further discussion will be held related to topics proposed until they are posted on a future agenda in accordance with the Texas Open Meetings Act.*

VII. QUESTION AND ANSWER SESSION WITH PRESS AND PUBLIC

VIII. ADJOURNMENT

Posted on theday of, 20	, at	am/pm
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Notice of Assistance at the Public Meetings.

The City of San Marcos is committed to compliance with the American with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. If requiring Sign Language Interpreters or alternative formats, please give notice at least 2 days (48 hours) before the meeting date. Individuals who require auxiliary aids and services for this meeting should contact the City of San Marcos ADA Coordinator at 512-393-8000 (voice) or call Texas Relay Service (TRS) by dialing 7-1-1. Requests can also be faxed to 855-461-6674 or sent by e-mail to ADA request@sanmarcostx.gov.

For more information on the Senior Citizen Advisory Board please contact Nick Riali at nriali@sanmarcostx.gov



Regular Meeting Senior Citizens Advisory Board Tuesday, December 8, 2020 2:00 PM

Virtual Please follow the link below to join the meeting:

https://us02web.zoom.us/j/84026290978?pwd=REY5VTRmOVhBZINrUGZMVGJyUUxBUT09

Meeting ID: 840 2629 0978 Passcode: 488048

AGENDA

I. Call to Order

The meeting was called to order by Board Chair Wayne Schurter at 2:03pm

II. Roll Call

III. 30 Minute Citizen Comment Period Each speaker signed up prior to the meeting being called to order will be called in the order in which they signed-up. Each speaker will be provided up to three minutes to speak. Persons wishing to participate (speak) during the Citizen Comment portion of the meeting must email nriali@sanmarcostx.gov prior to 12:00PM the day of the meeting. A call-in number to join by phone or link to join by a mobile device, laptop or desktop computer will be provided for participation.

None.

IV. MINUTES

1. Consider approval, by motion, of the March 10, 2020 meeting minutes

A motion was made by Alan Atchison, seconded by Diane Eure, to approve the minutes from the March 10, 2020 meeting. The motion carried by the following vote:

For

7- Wayne Schurter, Alan Atchison, Sara Carlson, David Ross, Kate Clayton, Mae Watts Parrish, Diane Eure

Against 0

V. PRESENTATIONS

- 2. Receive a Presentation from Board Member Parrish on Senior housing issues, and hold discussion.
 - This item was postponed until the next regular meeting.
- 3. Receive a Senior Database / Resource Guide update from Board Member David Ross, and hold discussion.
 - Board Member David Ross informs Board that before the City shutdown for COVID-19, he spoke
 with the library. They put it on their website and the Board and Parks Department keep and
 author the document.

VI. ACTION ITEMS

None

VII. DISCUSSION ITEMS

- 4. Hold discussion regarding the Outstanding Senior Citizen Award 2021.
 - Board Member Alan Atchison suggests that the Board take nominations by the date listed, choose a recipient, plan for a ceremony and be aware that the ceremony could be postponed due to current COVID-19 gathering restrictions. Board agrees with this suggestion.

- Board also notes that upcoming fee changes taking place with the Parks and Recreation Department will not impact the age of the Senior Award nominations or recipient.
- 5. Hold discussion regarding the Senior Citizen Advisory Board Mission and Goals Statement
 - This item was postponed until the next regular meeting.
- 6. Hold discussion regarding future priorities of the Senior Citizen Advisory Board.
 - This item was postponed until the next regular meeting.

VIII. FUTURE AGENDA ITEMS

- 7. Board Members may provide requests for discussion items for a future agenda in accordance with the board's approved bylaws. *No further discussion will be held related to topics proposed until they are posted on a future agenda in accordance with the Texas Open Meetings Act.*
 - Senior Housing Issues
 - Mission/Goals
 - Future priorities

VII. QUESTION AND ANSWER SESSION WITH PRESS AND PUBLIC

None.

VIII. ADJOURNMENT

The meeting was adjourned at 2:35pm by Board Chair Wayne Schurter

Board Chair Staff Liaison

The San Marcos Community Outstanding Senior Citizen Volunteer Award 2021

The San Marcos Senior Advisory Board, a seven-member board appointed by the City Council, is accepting nominations for the "San Marcos Community Senior Citizen Volunteer Award". This award is established to recognize and honor a senior citizen whose volunteer efforts have made San Marcos a better place in which to live. The award is given every two years with the next recipient being announced on August 21, 2021.

Selection Criteria

The nominee/recipient MUST...

- Reside in San Marcos or the San Marcos Extraterritorial Jurisdiction (ETJ);
- Be 50 years of age by August 1, 2021;
- Be involved in unpaid, volunteer activities within the San Marcos Community;
- Not serve on the San Marcos Senior Citizen Advisory Board; and
- Agree to the publication of his/her name and photo.

The San Marcos Senior Citizen Advisory Board will serve as the Selection Committee and will consider such elements as the nominee's record of service (i.e. volunteer activities, site of service, years having served), and the impact of the activities on the Community.

Nomination Packet

- 1. Completed Nomination Form
- 2. Maximum of two (2) pages of supporting documentation

The packet MUST be received by Tuesday, May 24, 2021.

You may (1) mail it to Nick Riali, San Marcos Parks and Recreation, 630 E. Hopkins, San Marcos, TX 78666; (2) drop it off at the San Marcos Activity Center, or (3) email it to Nick at nriali@sanmarcostx.gov. For more information call Nick at 512-393-8275 - Office; 512-738-3104 - Cell.

Nomination Form on Back!

NOMINATION FORM The San Marcos Community Outstanding Senior Citizen Volunteer Award 2021

Name of Nominee:			
Street Address:			
City:	State:	Zip:	
Home/Cell:	Email:		
Date of Birth:		_	
Nominated by:			
Home Phone/Cell:			
Email:			

Contributions and Achievements (Two page maximum, please.)

<u>Please list all relevant activities and dates of involvement</u>. Lastly, summarize your perceived value of the nominee's impact on the San Marcos Community.

SAN MARCOS SENIOR CITIZEN VOLUNTEER AWARD - SELECTION RUBRIC								
Nominee	Record of Service	Breadth/Depth of Service	Advocacy for Seniors	Impact of Activities	Total Score			

Scoring: Each criteria can receive a score from 1 to 10, with 1 being least service, and 10 being most service. Total scores for each nominee from each board member will be added to obtain a cumulative score.

BYLAWS OF THE

SENIOR CITIZEN ADVISORY BOARD

ARTICLE 1. NAME.

The name of the board is The Senior Citizen Advisory Board

ARTICLE 2. PURPOSE AND DUTIES.

- (A) The board acts in an advisory capacity to the city council, the city manager and other boards and commissions on matters involving senior citizens in the San Marcos community. In this respect, the city council, the city manager and other city boards and commissions are encouraged to consult with the board, and the board will make recommendations, regarding the following:
 - 1. The availability of city programs and services to senior citizens in the city;
 - 2. The provision of existing and future facilities for senior citizens;
 - 3. Possible new programs and services to enable senior citizens to reach their full potential in housing, jobs, and community life and activities; and
 - 4. Methods by which senior citizens can take responsibility for strengthening existing programs and services, and for providing new programs and services, to aid senior citizens.
- (B) The board will also:
 - 1. Coordinate with other governmental entities, private citizens, institutions, community senior centers and agencies regarding programs and services to aid senior citizens in the city; and
 - 2. Develop programs to recognize achievement and contribution to the San Marcos community by senior citizens.

ARTICLE 3. MEMBERSHIP.

- (A) The board is composed of seven (7) members appointed by the city council,
- (B) A member serves at the pleasure of the city council.
- (C) All members of the board must be residents of the city. Members will serve staggered terms of three (3) years, with four members being appointed in even numbered years, and three members being appointed in odd numbered years.
- (D) The executive director of Community Action, Inc. of Central Texas, or the executive director's designce, is an ex officio non-voting member of the board.
- (E) Board members serve for a term of three (3) years beginning March 1st on the year of

- appointment. If a member is appointed to fill a vacancy, the term begins on the date of appointment.
- (F) All vacancies shall be filled as provided for by Section 2.071 of the City Code.
- (G) An individual board member may not act in an official capacity except through the action of the board.
- (H) Attendance at board meetings shall conform to the requirements outlined in <u>Section 2.069</u> <u>Absence from meetings of the City Code.</u>
- (I) A member who seeks to resign from the board shall submit a written resignation to the chair of the board, the staff liaison, or the city clerk's office. If possible, the resignation should allow for a thirty-day notice so the city council can appoint a replacement.

ARTICLE 4. OFFICERS.

- (A) The officers of the board shall consist of a chair and a vice-chair.
- (B) Officers shall be elected annually by a majority vote of the board at the first regular meeting after March 1. In the event a current officer becomes ineligible to serve as an officer, the board may hold an election at the next regular meeting agenda.
- (C) The term of office shall be one year, beginning April 1st and ending March 31st.
- (D) A member may not hold more than one office at a time.

ARTICLE 5. DUTIES OF OFFICERS.

- (A) The chair shall preside at board meetings, approve each final meeting agenda, and execute approved meeting minutes.
- (B) In the absence of the chair, the vice-chair shall perform all duties of the chair.
- (C) In the absence of both the Chair and the Vice-Chair, the board should elect an interim chair for that meeting, or until the Chair or Vice-Chair arrives.
- (D) The Chair is responsible for promoting and maintaining order in meetings. The Chair should ensure adherence to the agenda for the meeting.
- (E) The Chair should control discussion to ensure that it focuses on the issue and not on any person. Personal remarks and attacks are not permitted.

ARTICLE 6. AGENDAS.

- (A) The following general order of business should be used for regular meetings of the board:
 - 1. Call to order
 - 2. Roll call
 - 3. Citizen Comments 30 minutes, 3 minutes per speaker
 - 4. Consent Agenda (includes routine items such as minutes from the previous meeting which normally do not need separate discussion)
 - 5. Presentations and/or Public Hearings
 - 6. Items for action or discussion/direction
 - 7. Reports (report items should be listed individually as needed to comply with Open Meetings Act requirements)
 - 8. Items for future agendas
 - 9. Executive Session (in accordance with Open Meetings Act exceptions)
 - 10. Question and Answer Session.
 - 11. Adjournment
- (B) The board may only discuss or consider an item that is stated within the assigned scope of work or charge of the board as provided in Article 2.
- (C) The chair or two or more members may place a discussion item on an agenda for a regular board meeting no later than 10 business days prior to the meeting. If two or more members wish to place a discussion item on a meeting agenda, they must separately contact the staff liaison by written request.
- (D) After first consulting with and receiving input from the staff liaison, the chair shall approve each final meeting agenda. The chair may not remove an item placed on an agenda by prior direction of the board under subsection (B) above, or placed on an agenda as a discussion item by two members under subsection (B) above.
- (E) The staff liaison will submit the meeting agenda to the City Clerk's Office for posting no later than 72 hours before the meeting. If the 72 hour deadline should fall on a weekend or holiday it is the responsibility of the staff liaison to provide the meeting agenda to the City Clerk's Office by 4:30 p.m. on the last business day before the weekend or holiday.
- (F) Posting of the agenda must comply with Texas Government Code Chapter 551 (Texas Open Meetings Act).

ARTICLE 7. MEETINGS.

- (A) The board meetings shall comply with Texas Government Code Chapter 551 (Texas Open Meetings Act).
- (B) The board will conduct its meetings by the rules of common courtesy and procedure identified in Article 10.

- (C) The Chair should introduce each item as it appears on the agenda, and in the order in which it appears on the agenda. The Chair may allow items to be considered out of order with the informal consent of the board.
- (D) The following types of actions may be taken or motions can be made during a meeting:

1. Approval - Means the item is approved as proposed.

- 2. Conditional approval Means approval for the item will take effect upon the occurrence of the conditions.
- 3. **Approval as amended** Means the item is approved with changes from the original proposal.
- 4. **To Table** Means to temporarily delay the consideration of the item while another item is brought up for consideration.
- 5. **Remove from Table** Means to bring back the previously delayed item for consideration.
- 6. **Postpone** Means postponement of consideration of the item, either until a definite time, or indefinitely. Action on the item at a subsequent meeting requires the item to be placed on the agenda for that meeting
- 7. Reconsider Means to reopen discussion of an item that was already acted upon. Reconsideration may only occur at the same meeting, or at the next meeting after the one at which the original action occurred. A motion to reconsider may only be made by a person who voted on the prevailing side on the original action. Reconsideration of an item at a subsequent meeting requires the item to be placed on the agenda for that meeting.
- 8. Withdraw Made by the person who made the motion. Does not require a formal vote unless a member objects to the withdrawal.
- 9. Close debate ("calling for the question") Requires a motion and second and 2/3 vote. If it passes, a vote is then taken on the motion that was under discussion, without further debate. If it fails, debate resumes on the motion that was being discussed.
- 10. Amend Usually consists of striking out, inserting, adding, or substituting words, sentences or paragraphs to the subject of the original motion. This motion is voted upon separately from the original motion. Note: A friendly amendment, agreed to by persons who made and seconded a motion, does not require a separate vote from the original motion.
- 11. **Recess** A temporary break in a meeting may be called by the Chair. This does not require a formal vote unless a member objects to the recess.
- 12. **Limited discussion or debate** The Chair may establish a reasonable time limit for consideration of an item, or a reasonable time limit on each person addressing the board, or upon each board member who comments on an issue. This does not require a formal vote unless a member objects to the limits.
- (E) In accordance with the Open Meetings Act, discussion and action is limited to the items listed on the agenda for a meeting. Discussion of any subject not listed on the agenda must be limited to whether to place the item on the agenda for a future meeting.
- (F) Board meetings will adhere to Sec. 2.045. Rules of decorum for city council and city board

and commission meetings of the San Marcos City Code.

- (G) The board shall meet Quarterly. In October of each year, the board shall adopt a schedule of the meetings for the upcoming year, including makeup meeting dates for the holidays and cancelled meetings.
- (H) Special meetings of the board shall be called by the staff liaison upon the written request of the chair or any three members of the board. A board may not call a meeting in addition to its regular scheduled meetings as identified in its adopted meeting schedule, more often than once a quarter, unless the meeting is required to comply with a statutory deadline or a deadline established by Council.
- (I) Executive sessions are permitted only when they have been posted in advance and conform to those requirements of the Texas Government Code Chapter 551 (Texas Open Meetings Act) which pertain to executive sessions.
- (J) A majority of the voting membership of the board members constitute a quorum.
- (K) If a quorum for a meeting does not convene within one-half hour of the posted time for the meeting, then the meeting is deemed cancelled.
- (L) To be effective, a board action must be adopted by an affirmative vote of the number of members necessary to provide a quorum.
- (M) The chair has the same voting privilege as any other member. (Unless otherwise stated within the board or commission's Ordinance).
- (N) The board will allow citizens to address the board during a period of time set aside for citizen communications during their regular meeting. Each speaker will be limited to three minutes.
- (O) The staff liaison shall prepare the meeting minutes. The minutes of each board meeting must include the vote of each member on each item before the board and indicate whether a member is absent or failed to vote on an item.
- (P) The city clerk shall retain agendas, approved minutes, internal review reports and bylaws. The Parks and Recreation Department shall retain all other board documents. The documents are public records under Texas Local Government Code Chapter 552 (Texas Public Information Act).
- (Q) The chair shall adjourn a meeting not later than 10 p.m., unless the board votes to continue the meeting.

ARTICLE 8. RECOMMENDATIONS.

(A) The board is encouraged to provide the city council with advisory recommendations on matters of city policy within their purpose and duties provided in Article 2 as necessary.

- (B) The staff liaison must submit a policy recommendation that has been approved by a majority of the membership in the form of a resolution to the city clerk and city manager for distribution to the city council.
- (C) The board will submit an annual report to the city clerk by February 28 of each year.

ARTICLE 9. COMMITTEES.

- (A) The Senior Citizen Advisory Board does not have any standing committees, but may have ad hoc committees as necessary.
- (B) Each committee must be established by an affirmative vote of the board. Each committee shall consist of at least three board members approved by the board. A staff member shall be assigned to each committee by the director of Community Services.
- (C) A committee may designate a chair, with the member's consent, but is not required to do so.
- (D) Quorum requirements do not apply to committees,
- (E) Committees are not required to post their meetings in accordance with the Texas Government Code Chapter 551 (Texas Open Meetings Act). A quorum of the membership is not allowed to be present.
- (F) Each committee shall update the board at least quarterly on their work.

ARTICLE 10. RULES OF COMMON COURTESY AND PROCEDURE.

- (A) During meetings, members shall preserve order and decorum, shall not interrupt or delay proceedings.
- (B) Members shall demonstrate respect and courtesy to each other, to city staff members, and to members of the public appearing before the board.
- (C) Members shall refrain from rude and derogatory remarks and shall not belittle staff members, other board members, or members of the public.
- (D) The Chair should exercise control over persons who abridge this policy or disrupt a meeting in the following ascending order of action:
 - 1. Call the person to order, advising the person of the infraction.
 - 2. Advise the person that the infraction must cease immediately or the person will be ordered to leave the meeting.
 - 3. Order the person to leave the meeting. If the offending person is a member of the

board the Chair shall call for a vote on the expulsion of the member from the meeting.

ARTICLE 11. AMENDMENT OF BYLAWS.

A bylaw amendment is not effective unless approved by the Council Audit and Finance Committee.

The bylaws were approved by the <u>Senior Citizen Advisory Board</u> at their meeting held on December 11, 2018.

(Signature of Executive or Staff Liaison)

Senior Citizen Progam Coordinator (Title of Executive or Staff Liaison)

SAN MARCOS SENIOR CITIZEN ADVISORY BOARD

MISSION STATEMENT

The Senior Citizen Advisory Board seeks to enhance the lives of senior citizens within the San Marcos community through coordinated, efficient and quality programs and services related to housing, jobs, activities, and community life.

The Board acts in an advisory capacity to the City Council, City Manager, and other relevant boards and commissions.

GOALS

- I. Determine the existence of current programs and services available to seniors offered through the city as well as public and private providers.
- II. Suggest modifications to existing programs as well as new programs and services to assist seniors in reaching their full potential.
- III. Analyze the use of existing facilities as well as the need for future facilities.
- IV. Coordinate efforts with other governmental entities, private citizens, institutions, centers, and agencies.
- V. Develop a process that will enable fluid senior citizen input to the Senior Citizen Advisory Board.
- VI. Develop programs to recognize the achievements and contributions by senior citizens to the San Marcos community.





UPDATED JULY 2020

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City of San Marcos Resources

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Physical Therapy

Retail

Senior Living

Services for Seniors

Vision

Assisted Living

1017 Bois D'arc Assisted Living Residence

Address: 1017 Bois D'arc St.

City: Lockhart, TX 78644 Phone: (512)620-0900

Website: www.lockhartassistedliving.com

Hours: 7am-12pm Mon-Sun

At Bois D'Arc Assisted Living, we want you to feel at home. Each of the 16 suites have a sitting room, bedroom and walk-in closet. They also each have a spacious, private bathroom featuring large, walk-in showers with safety rails. Our suites are designed with the comfort of our residents in mind.

Brookdale San Marcos - North

Address: 1720 Old Ranch Road 12

City: San Marcos, TX 78666

Phone: (512)392-7200

Website: www.brookdale.com/

Hours: 24/7

Here at Brookdale San Marcos North, you can exchange household chores and boredom for a rich and active community and a team that handles all the cooking, cleaning and maintenance so you can do more of the things you love. We serve assisted living and memory care residents with the dignity and kindness they deserve without ever skimping on quality care.



Brookdale San Marcos - South

Address: 1401 Wonder World Drive

City: San Marcos, TX 78666

Phone: (512) 396-8271

Website: www.brookdale.com/

Hours: 24/7

Experience independence redefined here at Brookdale San Marcos South. We handle the everyday chores and responsibilities, and now that you no longer carry these burdens, you have time to explore new hobbies, rekindle former interests and deepen your relationships with friends and family members.

Golden Age Home Assisted Living

Address: 1505 S Main St.

City: Lockhart, TX 78644 Phone: (512)398-2421

Website: www.goldenagehome.com

Hours: 24/7

Provides excellent care to promote independence and improve quality of life. At Golden Age Assisted Living, we refer to assisted living as residents who live independently in apartment style accommodation, and come and go as they please. We assist them by providing three meals daily, housekeeping, safety, security, transportation and some social programs.

Assisted Living New Haven Assisted Living

Address: 107 Creekside Trail,

City: Kyle, TX 78640 Phone: (512) 201-2868

Website: www.newhavenassistedliving.com/

Hours: 24/7

New Haven is a luxury assisted living and memory care residence with 9 locations across Texas. Our assisted living and memory care invite residents to enjoy days filled with relaxation and ease of living, along with the finest in accommodations and senior care in a boutique style setting.

Orchard Park of Kyle

Address: 4701 Ratcliff Drive,

City: Kyle TX 78640 Phone: (512)920-6400

Website: www.orchardparkofkyle.com

Hours: 24/7

Our community is home to residents that value their independence, but may just need a little extra help around the house. Orchard Park of Kyle is a senior living community with Assisted Living & Memory Care services.



Sage Spring Assisted Living

Address: 800 Leah Avenue

City: San Marcos, TX 78666

Phone: (512)270-8668

Website: www.sagespringseniorliving.com

Hours: 9AM to 5PM

Sage Spring Senior Living and Memory Care is a vibrant, welcoming senior living campus that is coupled with exceptional, personalized care in the heart of San

Marcos, Texas.

Sodalis at San Marcos

Address: 1001 Crepe Myrtle Street

City: San Marcos, TX 78666

Phone: (512) 878-2418

Website: www.sodalissenior.com/

Hours: 24/7

Welcome to Sodalis San Marcos Memory Care. We are passionate about changing the memory care experience, and our carefully selected associates are chosen to ensure your loved ones receive the highest level of care. We understand Alzheimer's disease and other forms of dementia and are here to help you navigate this journey.

Assisted Living Sodalis Buda

Address: 645 FM 967

City: Buda, TX 78610 Phone: (512) 295-5600

Website: www.sodalissenior.com/

Hours: 24/7

Sodalis Senior Living communities are designed to provide a serene environment with high-end designer touches. All of our assisted living communities offer medication management, 3 homestyle meals plus snacks each day, laundry and linen service, house-keeping services, and 24-hour support.

The Blake at New Braunfels

Address: 220 Creekside Crossing,

City: New Braunfels, TX 78130

Phone: (830)-623-2105

Website: www.blakeliving.com

Hours: 24/7

The Blake at New Braunfels is a proposed upscale assisted living (AL) and memory care (MC) community. The Blake at New Braunfels, features resort-style comfort and service. Hospitality and luxury are blended to create an exceptional senior retirement community.

City of San Marcos Resources

Keep San Marcos Beautiful-Resource Recovery

Address: 630 East Hopkins

City: San Marcos, TX 78666

Phone: (512)393-8419

Website: www.sanmarcostx.gov

Hours: M-F 8:00-5:00

Keep San Marcos Beautiful Program's goal is to educate and engage San Marcos citizens to take responsibility for improving our community environment through litter prevention, beautification, waste reduction.

tion and sustainability.

San Marcos General Services Transit

Address: 401 East Hopkins

City: San Marcos, TX 78666

Phone: (512)393-4887

Website: www.sanmarcostx.gov

Hours: M-F 8:00-5:00

The City of San Marcos Transit division provides top quality, professional, effective and timely transit services to the community through our partnership with Capital Area Rural Transportation Systems (CARTS).

San Marcos Parks and Recreation

Address: 401 East Hopkins

City: San Marcos, TX 78666

Phone: (512)393-8400

Website: www.sanmarcostx.gov

Hours: M-F 8:00-5:00

The Parks and Recreation Department works to provide the citizens and visitors of San Marcos the highest level of programs, parks, facilities, and services that will positively enhance our vision of the community.

San Marcos Public Library

Address: 625 East Hopkins

City: San Marcos, TX 78666

Phone: (512)393-8200

Website: www.sanmarcostx.gov

Hours: M-F 8:00-5:00

Our mission is to help make San Marcos a great place to live by providing our citizens with access to an outstanding collection of library materials; entertaining and educational programs for all ages; fast, free computer, Internet, and information services; and comfortable facilities in which to read, relax, and connect with others.

City of San Marcos Resources

San Marcos Utilities - Electric

Address: 1040 N. Highway 23

City: San Marcos, TX 78666

Phone: (512)393-8383

Website: www.sanmarcostx.gov

Hours: M-F 8:00-5:00

San Marcos Electric Utility is a municipally owned and operated retail electric distribution system purchased by the City of San Marcos in 1986. The Lower Colorado

River Authority sells wholesale power to the City.

San Marcos Utilities - Water / Wastewater

Address: 630 East Hopkins

City: San Marcos, TX 78666

Phone: (512)393-8410

Website: www.sanmarcostx.gov

Hours: M-F 8:00-5:00

The Water-Wastewater Utility is owned by the City of San Marcos and operates a high quality wastewater treatment plant and water system rated superior by the State of Texas. Roughly 2/3 of the City's water comes from surface water treated at the City's Water Plant under the operation of the Guadalupe-Blanco River Authority.

Clubs / Organizations San Marcos Bluebonnet Lions

Address: P.O.Box 654

City: San Marcos, TX 78667

Phone: (512) 558-1032

Website: www.

Hours: 9:00-5:00 M-F

Mission:

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.

/Funeral

Pennington Funeral Home

Address: 323 N. Comanche St.

City: San Marcos, TX 78666

Phone: (512)353-4311

Website: www.penningtonfuneralhome.com/

Hours: M-F 8:00-5:00

Each service is as unique as the person we care for and Pennington Funeral Home stands ready to carry out your wishes to the final detail. We provide individualized funeral and cremation services designed to meet the unique needs of each family. Our dedicated professionals are available to assist you in making funeral service arrangements, from the casket and urns choices to funeral flowers, and even headstones.

Hearing CapTel Outreach

Address: 1500 Olympic Blvd.

City: Santa Monica, CA 90404

Phone: (713)416-5002

Website: www.captel.com

Hours: 9:00-5:00 M-F

If you have difficulty hearing on the phone, you may qualify for a no-cost CapTel phone. We'll contact you to answer questions and help explain the certification process through your doctor or audiologist.

Clear Captions

Address: 3001 Lava Ridge Ct. Suite 100

City: Roseville, CA 95661 Phone: (512) 650-0429

Website: www.clearcaptions.com

Hours: 9:00-5:00 M-F

Produces and installs Caption Phones, which captions phone calls while you are speaking on the phone so you don't miss anything. Free with hearing loss.



Connect Hearing

Address: 615 Slaughter Lane Suite 116

City: Austin, TX 78748 Phone: (512) 610-6156

Website: www.connecthearing.com

Hours: 8:30-5:00 M-F

Provides services such as Otoscopies, cleaning and maintenance of hearing aids, clinical hearing evaluations, hearing aid and accessories, and much more! Testing is provided at no charge, all other items are not covered by traditional Medicare. There are however some benefits on Medicare Advantage policies.

Hearing Centers of Austin, Ear, Nose & Throat Clinic

Address: 1180 Seaton Parkway Suite 420

City: Kyle, TX 78640 Phone: (512)-268-5282

Website: www.austinent.com/

Hours: 9:00-5:00 M-F

Austin ENT Clinic is one of the leading Ear, Nose and Throat clinics in the nation. We have 13 physicians specializing in otolaryngology for pediatric and adult care and a combined eight locations to meet the needs of patients in the Greater Austin area including Bastrop, Lockhart, and Kyle.

Hearing Texan Renew Hearing Center

Address: 300 S. CM Allen Parkway Suite 300A

City: San Marcos, TX 78666

Phone: (512) 667-6904

Website: www.www.texanhearingcenter.com Hours: M-T 9:00am-5:00pm F 9:00am-1:00pm

Providing the Texas Hill Country with quality hearing health care since 2009, our Hearing Healthcare Providers are passionate about improving quality of life for those with hearing impairment. We know hearing loss is personal so we custom tailor a solution for your lifestyle and your hearing needs.

Heating & AC SM Air A/C & Heating

Address: 3500 Hwy 123

City: San Marcos, TX 78666

Phone: (512)353.2511

Website: www.smairtx.com

Hours: 8-9 M - S

Award Winning AC Company Serving San Marcos & Surrounding Areas. Call Today! Honest, Quality Service. Professional Technicians. Over 30 Years Experience. Licensed and Insured. Brands: Lennox, Trane, Carrier, Bryant, American Standard, Goodman, Amana, Rheem.

GM Mechanical Heating & Air Conditioning

Address: 310 Bunnyrun Lane

City: San Marcos, TX 78667

Phone: (512) 396-2383

Website: www.gmmechanicalhvac.com/

Hours: 9:00-5:00 M-F

For over 25 years, GM Mechanical has been helping homeowners stay comfortable in their homes with our knowledge of air conditioning and heating systems. We're proudly locally owned and have a dedication to our customers and the community in San Marcos, TX, and the surrounding area.

Home Health

24x7 Right at Home In Home Care

Address: 174 S Guadalupe St. #207,

City: San Marcos, TX 78666

Phone: (512)291-9495

Website: www.rightathome.net

Hours: 24/7

Non Medical in home care to help seniors and the disabled remain independent. Provides services such as bathing, grooming, dressing, transportation and meals.

A.A. Care Services

Address: 1106 North Walnut

City: New Braunfels, TX 78130

Phone: (830)609-9128

Website: www.aaseniorcare.com

Hours: 24/7

Specializing in dignity and peace of mind with a variety of in-home senior services, elderly care and adult

home care options.



Advanced Home Health

Address: 25 Courtyard Dr.

City: New Braunfels, TX 78130

Phone: (877) 625-4144

Website: www.advancedhomehealthservices.com

Hours: 24/7

Advanced Home Health Services continues to provide outstanding Home Health services to our communities, servicing most of the South Central Texas area. Include: skilled nursing care, physical therapy, occupational therapy, speech therapy, home health aide.

Angels for Elders

Address: 201 FM 3237 Ste. 124,

City: Wimberley, TX 78676 Phone: (512) 847-7445

Website: www.angelsforelders.com

Hours: 24/7

Provides non medical assistance and in home care to seniors. Provides services such as personal care, home making, transportation or providing escorts, and companion care.

Home Health Be Healthy at Home

Address: 825 Main St. #104

City: Buda, TX 78610 Phone: (512)295-7000

Website: www.behealthyathome.com/

Hours: 24/7

Be Healthy at Home has been your local and family owned choice for healthcare at home. Our highly trained and caring staff strive to help our clients maintain more full, independent and enjoyable lives within the comfort of their own homes.

Caring Senior Service of New Braunfels

Address: 779 TX-337 Loop

City: New Braunfels, TX 78130

Phone: (830)629-0509

Website: www.caringseniorservice.com

Hours: 24/7

Caring Senior Service delivers personal care services that allow seniors to feel more independent at home. We deliver one-on-one home care assistance. Our caregivers provide a wide range of services such as meal preparation, transportation, companionship, light housekeeping, and medication reminders.



Comfort Keepers

Address: 109 E Hopkins St. Ste. 203,

City: San Marcos, TX 78666

Phone: (512) 598-9099

Website: www.comfortkeepers.com/

Hours: 24/7

Provides in-home non medical care to seniors and other adults by interacting and engaging them in different activities. Offers personal care and care services such as bathing, grooming, and hygiene, meal preparation, companionship, and many more!

Edwards Home Health

Address: 8411 N. IH 35

City: Austin, TX 78753 Phone: (512)763-4690

Website: www.edwardshomehealth.com

Hours: 9:00-5:00 M-F

Edwards Home Health provides the best home care when you need it. We will work with you and your physician to provide you with the services you need and

the quality you deserve.

/Home Health

Encompass Health - Home Health

Address: 2108 Hunter Rd. Suite 106

City: San Marcos, TX 78666

Phone: (512) 392-5801

Website: www.encompasshealth.com/home-health

Hours: 24/7

We keep patients on the road to recovery in their most comfortable environments – their homes. Our team of skilled nursing, medical social work, therapists and home health aides work with patients and their physicians to achieve their recovery goals while leading the industry in lowering hospital readmissions.

Halcyon Home

Address: 125 W. McCarty Lane

City: San Marcos, TX 78666

Phone: (512)667-6775

Website: www.myhalcyonhome.com

Hours: 24/7

Halcyon Home was created to bring the most exceptional care to your home and your loved ones. We hope to create a peaceful, idyllic setting for you even in the hardest or most stressful of times, in order to allow you to enjoy your life to its fullest. Services include: Home Care, Home Health & Hospice.



Home Instead Senior Care

Address: 910 Gruene Road Bldg. 5A

City: New Braunfels, TX 78130

Phone: (830) 217-3597

Website: www.homeinstead.com/366

Hours: 24/7

Provides non-medical in-home care for seniors including personal care, medication reminders, dementia care, meal preparation, light housekeeping, transportation, and companionship enabling seniors to live safely and comfortably in their own homes.

Texas Home Health

Address: 1205 N. State Hwy 123, Suite 302

City: San Marcos, TX 78666

Phone: (512) 392-4663

Website: N/A

Hours: 9:00-5:00 M-T 9:00-12:00 F

Texas Home Health understands that quality care at home can enrich overall quality of life. It is an honor for us to provide care and in-home assistance that makes aging at home possible for thousands who just need an extra hand.

Home Health Wimberley Home Health

Address: 201 FM 3237 Ste. 123,

City: Wimberley, TX 78676 Phone: (512) 847-7080

Website: www.wimberleyhomehealth.com

Hours: 24/7

We strive to ensure that you reach your maximum health potential following a recent surgery, illness, injury or chronic condition We provide Skilled nursing care, social work, physical therapy, occupational therapy, and speech therapy.

Hospice CHRISTUS Santa Rosa—Hospice

Address: 1301 Wonder World Drive

City: San Marcos, TX 78666

Phone: (512)754-6159

Website: www.christushealth.org/santa-rosa/san-

marcos/

Hours: 9:00-5:00 M-F

Our hospice care is a hospital-based agency serving as the area's only non-profit, faith-based agency. We are dedicated to providing quality physical, psychosocial and spiritual care to patients with terminal illnesses and their families.

Hope Hospice

Address: 611 N Walnut Ave

City: New Braunfels, TX 78130

Phone: (512)667-6775

Website: www.hopehospice.net

Hours: 24/7

As a non-profit hospice organization, Hope Hospice aligns itself on every level with mission-driven values such as People Centered Care, Stewardship of Valuable Patient and Community Resources, Expert Staff Committed to Excellence, Responsive to the Needs of Those We Serve, and Integrity in All We Say and DO.



Kindred Hospice

Address: 1911 Corporate Drive #104

City: San Marcos, TX 78666

Phone: (512) 392-9138

Website: www.kindredhealthcare.com

Hours: 24/7

Hospice care can take place in a variety of settings, wherever your loved one calls home. Our compassionate care provides the physical, emotional and spiritual resources needed to make the most of every moment, with the extraordinary service you expect. We understand your needs and goals, and support both in each step of your journey.

Home Health & Hospice Edwards Home Health/Hospice

Address: 8411 N. IH 35

City: Austin, TX 78753 Phone: (512)763-4690

Website: www.edwardshomehealthandhospice.com

Hours: 9:00-5:00 M-F

Edwards Home Health and Hospice provides the best home care when you need it. We will work with you and your physician to provide you with the services

you need and the quality you deserve.

Halcyon Home/Hospice

Address: 125 W. McCarty Lane

City: San Marcos, TX 78666

Phone: (512)667-6775

Website: www.myhalcyonhome.com/hospice

Hours: 24/7

Halcyon Home was created to bring the most exceptional care to your home and your loved ones. We hope to create a peaceful, idyllic setting for you even in the hardest or most stressful of times, in order to allow you to enjoy your life to its fullest. Services include: Home Care, Home Health & Hospice.

Insurance - Medicare Amerigroup

Address: 823 Congress Avenue Suite 1100

City: Austin, TX 78701 Phone: (800) 600-4441

Website: www.myamerigroup.com/tx/home.html

Hours: 9:00-5:00 M-F

We have helped millions of Texans get and stay healthy. Amerigroup works with thousands of doctors, specialists, and hospitals throughout Texas, and we partner with many local community organizations. Our focus is to help you get the care and services you need to make a difference in your life.

Blue Cross Blue Shield of Texas

Address: 1001 East Lookout Dr.

City: Richardson, TX 75082 Phone: (512) 968-1844

Website: www.bcbstx.com

Hours: 9:00-5:00 M-F

You have a choice when it comes to your Medicare health coverage through Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation. You can choose from our Medicare Advantage Plans, Medicare Supplement Insurance Plans* and Medicare Prescription Drug Plans.



Humana

Address: 10710 Research Blvd. Suite 120

City: Austin, TX 78759 Phone: (512) 808-2821

Website: www.humana.com

Hours: 9:00-4:00 M-F

For over 30 years, we've been developing and expanding our Medicare Advantage options to meet the evolving needs of our members. In 2019, more than 8.4 million current &newly enrolled Humana plan members have chosen us to be their partner in health.

Health Markets-Jamie Hougham

Address: 1423 N Walnut Ave Suite 103

City: New Braunfels, TX 78130

Phone: (512) 966-1265

Website: www.healthmarkets.com/local-health-

insurance-agent/jhougham/

Hours: 7:30-7:00 M-F

Since 2012, I have been helping people save thousands of dollars because they have proper coverage. Specializing in Medicare coverage as well as private insurance plans for people under 65, I look at each person/family uniquely and curate a plan package that fits them properly.

Insurance - Medicare

MedicareMall.com

Address: 125 More Street, Suite 107

City: San Marcos, TX 78666

Phone: (512) 687-1476

Website: www.medicaremall.com

Hours: 9:00-5:00 M-F

MedicareMall.com was founded in 2010 to Explain the Mystery of Medicare • to seniors and guide them in making the best choices for their health care options.

How can we help you?

Medicare and Retirement Solutions

Address: PO Box 2400

City: Kyle, TX 78640 Phone: (512)551-2091

Website: www.simplifymyretirement.com

Hours: 9:00-5:00 M-F

We at Medicare and Retirement Solutions specialize in Medicare Supplements; Medicare Advantage including Part D (drug coverage), PPO, PFFS, and HMO; Dental, Life Insurance (to include Guaranteed Issue Final Expense) Annuities; Long Term Care; Accidental and Dread Disease Coverage.



United HealthCare

Address: 1250 S Capital of Texas Hwy #1

City: West Lake Hills, TX 78746

Phone: (512) 347-2600 Website: www.uhc.com Hours: 9:00-5:00 M-F

UnitedHealthcare offers Medicare coverage for medical, prescription drugs, and other benefits like dental—and we offer the only Medicare plans with the

AARP name.

WellCare

Address: 742 NW Loop 410, Suite 117

City: San Antonio, TX 78216

Phone: (281) 840-0872

Website: www.wellcarenow.com/

Hours: 9:00-4:00 M-F

WellCare is now part of Centene creating a premier healthcare enterprise focused on governmentsponsored healthcare programs. Transforming the health of the community, one person at a time.

Legal Services Scanio and Scanio P.C.

Address: 144 East San Antonio Street

City: San Marcos, TX 78666

Phone: (512) 396-2016

Website: www.scaniolaw.com/ Hours: 8:30-12:00, 1:00-5:30 M-F

We practice law in a variety of areas, including family law, personal injury, probate, estate planning, criminal law, wrongful death, and landlord tenant disputes. We also maintain a heavy mediation practice, with all of our attorneys trained in basic and family law mediation.

Medical Services

Advanced Imaging

Address: 1330 Wonder World Dr. Suite 202

City: San Marcos, TX 78666

Phone: (512)

Website: www.advancedimagingsanmarcos.com/

Hours: 8:00-5:00 M-F

Provides MRIs, X-Rays, CT Scans, & Ultrasounds. Offers same-day scheduling, payment plans and cash-discounts. You will receive state of the art of imaging technologies from radiologists and technicians that facilitate your medical care with our patient-specific imaging and physician-responsive clinical services.

AdventHealth Care Center

Address: 1900 Medical Parkway

City: San Marcos, TX 78666

Phone: (512) 396-1888

Website: www.adventhealth.com

Hours: 9:00-5:00 M-F

Sometimes you need a little more help to return to the life you once led. Your body may need strengthening, or you may have to relearn certain skills. You want to do that in a supportive environment guided by experts. At AdventHealth Care Center San Marcos, formerly Hays Nursing and Rehab Center, that's what you will find.



Baylor Scott & White Health Clinic

Address: 1340 Wonder World Dr.

City: San Marcos, TX 78666

Phone: (512) 654-4900

Website: www.bswhealth.com/locations/san-marcos-

clinic/

Hours: 9:00-5:00 M-F

Baylor Scott & White Health offers expertise and treatment options conveniently located near you. Our specialties include: Family Medicine, Gastroenterology, Neurosurgery, Orthopedic Sports Medicine, and Orthopedic Surgery.

CHRISTUS Santa Rosa - San Marcos

Address: 1301 Wonder World Dr.

City: San Marcos, TX 78666

Phone: (512) 353-8979

Website: www.christushealth.org/santa-rosa/san-

marcos Hours: 24/7

CTMC is now CHRISTUS Santa Rosa Hospital—San Marcos. It is a 178-bed hospital providing a wide range of complex healthcare services in San Marcos, Texas and neighboring communities. The staff of over 700 employees works with more than 220 active and consulting physicians.

Medical Services

CHRISTUS Santa Rosa—Creation Health

Address: 1301 Wonder World Dr.

City: San Marcos, TX 78666

Phone: (512) 753-3818

Website: www.christushealth.org/santa-rosa/san-

marcos/services-treatments/health-institute

Hours: 9:00-5:00 M-F

The CREATION Health Institute offers a wide array of additional programs and classes that focus on disease management, support groups, women's health, nutrition, healthy living for seniors, children's health and many others.

CMMS Corridor Mobile Medical Services

Address: 1900 Dutton Drive Suite 101

City: San Marcos, TX 78666

Phone: (512) 392-4411

Website: www.corridormobile.com/

Hours: 24/7

Corridor Mobile Medical Services (CMMS) emphasizes quality patient care in the field of mobile imaging services. We provide digital x-ray and EKG services to hospice centers, assisted living facilities, clinics, surgery centers, home-bound patients, and any place with patients that have physical limitations.



CommuniCare

Address: 1941 S. Interstate 35 Suite 101

City: San Marcos, TX 78666

Phone: (512) 268-8900

Website: www.communicaresa.org/

Hours: 8:00-7:00 M-F

CommuniCare Health Centers is a full-service primary healthcare system with multiple locations serving Bexar, Kendall and Hays counties. We offer an array of services including Pediatrics, Family Medicine, Senior Care, Women's Health, Dental, Behavioral Health, WIC services and Specialty Care.

Cypress Healthcare and Rehabilitation

Address: 1351 Sadler Drive

City: San Marcos, TX 78666

Phone: (512) 805-5000

Website: www.trustcaremanagement.com/cypress

Hours: 24/7

At Cypress Healthcare and Rehabilitation, formerly Regent Care, we take rehabilitation to the next level. Our daily activities and social events are varied, stimulating, and suited to each of our residents' individual preferences. We take a proactive approach to meeting each and every resident's needs.

Medical Services Howerton Eye Clinic

Address: 5401 FM 1626, Suite 365

City: Kyle, TX 78640 Phone: (512) 443-9715

Website: www.howertoneye.com

Hours: 8:00-5:00 M-F

Whether you need a routine eye exam, treatment for glaucoma or diabetic eye disease, or are interested in one of our eye-enhancing services like LASIK, iimplantable contact lenses, or cataracts surgery, Howerton Eye Clinic provides a wide range of services to correct, maintain, & improve vision in patients of all ages.

Kirkwood Manor Nursing and Rehab

Address: 2590 TX-337 Loop

City: New Braunfels, TX 78130

Phone: (830) 620-0509

Website: www.kirkwoodmanor.com/

Hours: 12PM-12:AM M-F,S,S

Working together to create a sense of community, our dedicated and compassionate staff will strive to exceed your expectations and make a difference in the lives of those we serve by providing exceptional care and service, and remembering you are the reason we are here.



Legend Oaks Rehabilitation Hospital of Kyle

Address: 1640 Fairway

City: Kyle, TX 78640 Phone: (512) 268-1003

Website: www.legendkyle.com/

Hours: 9:00 - 5:00 M-F

At Legend Oaks Rehabilitation and Healthcare of Kyle, our talented and focused staff will work with you, your family, and your healthcare provider, to create a comprehensive and effective care and treatment plan.

New Braunfels Regional Rehabilitation Hospital

Address: 2401 Sundance Parkway

City: New Braunfels, TX 78130

Phone: (830) 625-6700

Website: www.nbrrh.ernesthealth.com/

Hours: 24/7

If you're looking for a rehabilitation hospital for you or your loved one, we hope you will consider New Braunfels Regional Rehabilitation Hospital. We provide specialized rehabilitative services to patients throughout the area who are recovering from disabilities caused by injuries, illnesses, or chronic medical conditions.

Medical Services MedPost Urgent Care

Address: 155 Wonderworld Drive

City: San Marcos, TX 78666 Phone: (512) 523-6025

Website: www.carespot.com/medpost-urgent-care/

Hours: 8:00-8:00 M,T,W,T,F,S,S

We're urgent care, made even easier. We're a service and a dedicated team improving how people experience healthcare. We Extended walk-in hours, including holidays, online scheduling, digital registration, & online bill pay X-rays and lab tests available on-site. Most insurance accepted and clearly posted self-pay rates.

PAM Specialty Hospital of New Braunfels

Address: 1445 Hanz Dr.

City: New Braunfels, TX 78130

Phone: (830) 627-7600

Website: www.postacutemedical.com/

Hours: 24/7

Post Acute Medical is committed to providing high quality patient care and outstanding customer service, coupled with the loyalty and dedication of a highly trained staff, to be the most trusted source for post-acute services in every community it serves.



San Marcos Rehabilitation & Health Care

Address: 1600 North IH 35

City: San Marcos, TX 78666

Phone: (512) 353-5026

Website: www.sanmarcoscare.com/

Hours: 24/7

Our approach to therapy is truly state-of-the-art, and we provide the finest in therapists, equipment and services which include: Physical, Occupational \$ speech Therapies, Post-Surgical Rehabilitation, Wound Care, IV Therapy & PICC Line, Pain Management, Secure Memory Care Unit, Parkinson's Certified Therapist.

Sundance Inn Health Center

Address: 2034 Sundance Parkway

City: New Braunfels, TX 78130

Phone: (830) 221-1400

Website: www.cantexcc.com/skilled-nursing/

locations/sundance-inn/sundance

Hours: 24/7

Our "patient-centered" philosophy shines the spotlight on the overall experience to include designing a personalized plan of care that focuses on recovery while living in a setting that promotes comfort, dignity and well-being.

Medical Services WellBridge

Address: 1106 N Interstate 35

City: San Marcos, TX 78666 Phone: (512) 353-0194

Website: www.wellbridgesanmarcos.com/

Hours: 24/7

WellBridge San Marcos is a full service mental healthcare provider for adults. By prioritizing the dignity of our patients, individualized treatment, and holistic mind-body care, the dedicated professionals of WellBridge are changing the way people think about mental illness and mental healthcare.

WellMed

Address: 1290 Wonderworld Drive, Suite 1100

City: San Marcos, TX 78666

Phone: (512) 393-3325

Website: www.wellmedhealthcare.com/

Hours: 8:00-5:00 M-F

Your journey to a healthier you begins at WellMed. Our doctors and medical staff get to know you personally to provide you with outstanding care. We practice proactive, preventive medicine to keep you healthy and reduce hospital visits. We help keep you from getting sick so you can focus on what matters most.

Pharmacy B&J Pharmacy

Address: 2111 Hunter Road

City: San Marcos, TX 78666

Phone: (512)392-3301

Website: www.hillcountryrx.com

Hours: M-F 8-6 S 8-1

Provides prescription fills, Flu shots & Immunizations, Diabetic supplies, Private consultations, Health and nutritional counseling & seminars, and more! Accepts all

forms of insurance.

Walgreens

Address: 639 E Hopkins

City: San Marcos, TX 78666

Phone: (512)396-1335

Website: www.walgreens.com

Hours: M-F 9-9 S,S 10-6

Provides a pharmacy which includes prescriptions, immunizations, and consultations. Walgreens specializes in filling prescriptions, health and wellness products,

health information, and photo services.

Physical Therapy

Limitless Physical Therapy & Wellness

Address: 101 Uhland Road, Suite 115

City: San Marcos, TX 78666

Phone: (512)878-0351

Website: www.limitless-physical-therapy.com/

Hours: 9-7 M-T 9-3 F

Limitless Physical Therapy in San Marcos, Texas, is more than your typical clinic. We strive for a holistic approach when accepting the challenge of helping our patients. We offer an array of services that are scientifically proven and effective at helping you with your pain and discomforts.

Texas Physical Therapy

Address: 2550 Hunter Road Suite 1104

City: San Marcos, TX 78666

Phone: (512) 396-5122

Website: www.texpts.com/location/san-marcos/

Hours: 7-6 M, W, Th 7-3 T, 7-5 F

With TexPTS, you have a team of specialized therapists who are dedicated to helping you overcome your aches, pains, and strains. You shouldn't have to sit out of the activities you love. With a personalized therapy plan designed with your unique issue and goals in mind, TexPTS will help get you back to feeling like yourself again.

Retail

A-Friend Concierge Services

Address: 102 Wonder World Drive #304-188

City: San Marcos, TX 78666

Phone: (512)230-0903

Website: www.afriendhelps.com/

Hours: 9:00-5:00 M-F

A-Friend Concierge Services provides problem solving, time saving, organizational and life management services. From the simple to the extraordinary, as long as the request is legal, ethical, and well intentioned, we'll make it happen, either by performing the service directly or by sourcing the best resource for the job.

ASEA, Kangen Water, Liquid Gold RX

Address: N/A

City: San Marcos, TX 78666

Phone: (512)-757-1914

Website: N/A

Hours: 9:00-5:00 M-F

Anti-Aging Health Products



Bath Expo & Window Expo

Address: 2548 Shell Road

City: Georgetown, TX 78628

Phone: (512) 735-6977

Website: www.bathexpotx.com/

Hours: 8-8 M-T, 8-7 F,9-5 S

If you have a bathroom that demands an overhaul to better fit your lifestyle – whether it's because you have a cumbersome bathtub and would prefer a space-saving shower, or you have mobility challenges and would like the convenience of a walk-in tub – Bath Expo can provide the renovation you seek.

Crystal River Inn

Address: 326 W Hopkins St

City: San Marcos, TX 78666

Phone: (512) 396-3739

Website: www.crystalriverinn.com/

Hours: 24/7

Nestled in the center of San Marcos, at the gateway to the magical Texas Hill Country, lies the historic Crystal River Inn. Just 5 blocks from the crystal-clear San Marcos River, we are the town's only boutique hotel and moreover, the oldest inn in Texas continually operated by the same family. We've been here since 1984, offering simple elegance and lots of Hill Country fun.

Retail

Chuy's Restaurant - San Marcos

Address: 1121 N. Interstate 35

City: San Marcos, TX 78666

Phone: (512) 214-8029

Website: www.chuys.com/locations

Hours: 11-9 Sun-Sat,

While we refer to our food as "Tex-Mex", our menu is made up of a combination of flavors, with recipes & ingredients from across New Mexico, Mexican towns, the Rio Grande Valley, deep South Texas, Austin & beyond. Our Green Chile sauce recipe was "borrowed" from a little hole-in-the-wall in Española, NM, and our fajita marinade is an old South Texas family recipe.

Debra Burroughs, Mary Kay Skin Care Consultant

Address: 640 Dancing Oak Lane

City: San Marcos, TX 78666

Phone: (512) 393-1595

Website: www.facebook.com/debra.burroughs.ladymk100

Hours: 24/7

As a Mary Kay Independent Beauty Consultant, I sell Mary Kay skin care, body care, fragrances and color cosmetics. I also can help others who are interested in starting their own Mary Kay business,"



Dixco

Address: 1350 Sadler Drive 2103

City: San Marcos, TX 78666

Phone: (512)800-0909

Website: www.dixcoconsulting.com/

Hours: 8-6 M-F 8-4 S

More than just organizing, de-cluttering is self-care. Be inspired by life transitions, be out with the old and in with the new. The Dixco 4-Step process to de-cluttering takes a detailed approach toward choosing what belongs in your home with complete certainty. Services include: Consulting, Room Edit or Complete Home.

Frost Bank

Address: PO Box 649

City: San Marcos, TX 78667

Phone: (512) 393-5600

Website: www.frostbank.com/

Hours: 8:00-5:00 M-F

We give our customers a square deal and keep their assets safe and sound. These beliefs have guided Frost from the very beginning and served our customers well since 1868. We offer our customers a full range of banking, investment and insurance products to help them better manage their money, grow their wealth and protect their assets.

Retail

Grins Restaurant

Address: 802 N LBJ Drive

City: San Marcos, TX 78666

Phone: (512)392-4746

Website: www.grinsrestaurant.com

Hours: 11:00-9:00 M-F,S,S

Since 1975, Grins Restaurant has been making people smile. Our friendly wait staff will make you feel right at home. Grins Restaurant is truly a one of a kind restaurant with great food in a relaxing environment. It's great for lunch or for a night out with the family.

Grande Communications

Address: 401 Carlson Circle

City: San Marcos, TX 78666

Phone: (512) 878-4600

Website: www.mygrande.com/

Hours: 9:00-6:00 M-F

Grande Communications is a 100% US-based broadband communications company that offers a full suite of Internet, TV and phone services for residential and business customers. Like the Texans we serve, we're proud of our independent, 'can-do' attitude that has enabled us to serve over 160,000 customers in communities big and small across Texas.



HEB San Marcos

Address: 641 East Hopkins

City: San Marcos, TX 78666

Phone: (512)396-8880 Website: www.heb.com/ Hours: 7:00-11:00 M-F, S,S

Your neighborhood H-E-B is our original and primary format and no two stores are alike. We offer Grocery, Bakery, Deli/Food, Drug Store, Produce, Floral, Meat

and Seafood Departments.

Hofmann's Supply

Address: 440 S Guadalupe St

City: San Marcos, TX 78666

Phone: (512)396-8606

Website: www.hofmannssupply.com/ Hours: 8:00-5:00 M-F 8:00-12:00 Sat

Welding * Industrial * Autobody Supplies Proudly serving San Marcos and the surrounding communities since 1937. *We deliver daily to Buda, Kyle, Seguin, New Braunfels, Luling, Lockhart, North San Antonio, Austin and surrounding areas, and of course San

Marcos.*

/Retail

Address: 1113 North IH 35

City: San Marcos, TX 78666

Phone: (512) 396-4467

Website: www.ihop.com/en/restaurants-san-marcos-tx/

Hours: 24/7

Whether you're hungry for one of our popular breakfast items or looking for lunch, dinner, or late night dining ideas near you, your IHOP is just around the corner. Known for being a favorite restaurant serving breakfast and brunch, we now proudly offer take out and delivery options (through delivery partners) in most areas.

Palmer's Restaurant, Bar & Courtyard

Address: 218 Moore St

City: San Marcos, TX 78666

Phone: (512) 353-3500

Website: www.palmerstexas.com/ Hours: 4:00-9:00 W-S 10:00-2:30 Sun

We feature signature margaritas, our infamous Mexican martinis and classic cocktails with regional fusion cuisine from New Mexico to New Orleans. Our restaurant, with its several fireplaces and courtyard views, is a fantastic destination for those who want to relax and enjoy their company.



Randolph Brooks Federal Credit Union

Address: 1210 Wonder World Dr.

City: San Marcos, TX 78666

Phone: (800) 580-3300

Website: www.rbfcu.org/BranchMaps/

Hours: 9:00-5:00 M-F 9:00-4:00 Sat

With high-value products and services, Randolph-Brooks Federal Credit Union (RBFCU) is a trusted financial partner for thousands of members in Texas. RBFCU offers services you would expect from a leading credit union, & we've also made it our mission to help improve our members' economic well-being and quality

Rosie Garcia—State Farm

Address: 2401 Hunter Road, Suite 500

City: San Marcos, TX 78666

Phone: (512) 392-8050

Website: www.rosiegarciatx.com

Hours: 9:00-5:30 M-F

We are proud to earn your business and work hard to provide you with remarkable customer service. We have two locations to serve you. One in New Braunfels and one in San Marcos. We are here to provide Insurance and Financial Services.

Retail

Ruby Ribbon Stylists

Address: Diane Freeman <begood2u@mac.com>

City: N/A Phone: N/A

Website: www.rubyribbon.com/dianefreeman

Hours: 9-5, M-F

Are you still wearing a bra? Our camis and demis are completely & totally different than anything else available. You can have comfortable breast and back support, even if you're a DD cup (or higher). Stop the suffering caused by ill-fitting rigid bras. Our next-gen camis & demis adapt for a perfect fit every day.

Sam's Club

Address: 1350 Leah Ave

City: San Marcos, TX 78666 Phone: (512) 392-1963

Website: www.samsclub.com/club/san-marcos-tx-

sams-club/4958

Hours: 10:00-8:00 M-F, 9:00-8:00 Sat 10:00-6:00 Sun

Visit your San Marcos Sam's Club. Members enjoy exceptional warehouse club values on superior products and services, including groceries, pharmacy, optical, hearing aids, auto and tires, home furnishings, & more.



San Marcos Chrysler Dodge Ram Jeep

Address: 2990 Interstate 35 Frontage Rd

City: San Marcos, TX 78666 Phone: (512) 831-7625

Website: www.sanmarcoschryslerdodge.com/

Hours: 8:30-8:00 M-F, 9:00-7:00 Sat

Here at San Marcos Chrysler Dodge Ram Jeep, it is our mission to be the automotive home of drivers in the San Marcos, TX area. We provide a vast selection of new and used vehicles, exceptional car care and customer service with a smile!

Tanger Outlets

Address: 4015 I-35 South

City: San Marcos, TX 78666

Phone: (512) 396-7446

Website: www.tangeroutlet.com/sanmarcos

Hours: 11:00-7:00 M-F, Sat, Sun

Tanger will continue to be a top performing retail REIT by focusing on operating and developing first-class outlet centers that deliver the following: Significant savings to the shopper, The latest and most popular retail brands, A customer experience that attracts & retains shoppers.

/ Retail

Target

Address: 700 Barnes Drive

City: San Marcos, TX 78666

Phone: (512) 392-7960

Website: www.target.com/sl/san-marcos/2438

Hours: 8:00-10:00 M-F,S,S

Retail chain offering home goods, clothing, electronics & more, plus exclusive designer collections. Visit your Target in San Marcos, TX for all your shopping needs including clothes, lawn & patio, baby gear, electronics, groceries, toys, games, shoes, sporting goods & more.

Ted Breihan Elextric

Address: 118 S Edward Gary St

City: San Marcos, TX 78666

Phone: (512) 396-3300

Website: www.tedbreihanelectric.com/

Hours: 8:00-5:00 M-F

For more than 65 years, Ted Breihan Electric Co. has provided excellent electrical contracting services for the San Marcos, TX, community. Our electricians combine their expertise with the latest methods in commercial and residential electrical services to be the best in the business.



Two P's and Cali's Boutique

Address: 690 Centerpoint Rd #205

City: San Marcos, TX 78666

Phone: (512) 392-8967

Website: www.twopsandcallis.com/ Hours: 10:00-6:00 M-F, Sat 12:00-5:00 Sun

Two P's & Calli's Boutique has been serving San Marcos and the surrounding Texas hill country for over 20 years. We offer a one-of-a-kind shopping experience to any one who walks through our doors, providing shoppers everything from shoes, accessories, & the latest fashion trends, to housewares & furniture for every room.

uBreakiFix

Address: 200 Springtown Way, Suite 112

City: San Marcos, TX 78666

Phone: (512) 667-7297

Website: www.ubreakifix.com/locations/sanmarcostx

Hours: 12:00-5:00 M-F, Sat

If you're hunting for someone for a broken phone repair or other electronic fix, come to uBreakiFix in San Marcos! uBreakiFix is the nationwide leader in professional same-day electronics repairs - including iPhone, Samsung, Computer, Macs, iPads and other tablet and cell phones.

Senior Living Affinity

Address: 9500 Alice Mae Lane,

City: Austin, TX 78748

Phone: (512)

Website: www.affinityforliving.com

Hours: Monday-Friday 8:30am-5:30pm Saturday-

Sunday 10:00am-5:00pm

All inclusive senior living residence with an active senior community. In home healthcare is an option that

can be chosen by resident.

La Vista Retirement Community

Address: 1615 Redwood Road

City: San Marcos, TX 78666

Phone: (512) 396-2333

Website: www.lavistaretirementcommunity.org/

Hours: 9:00-5:00 M-F

La Vista Retirement Community is senior living at it's finest and offers the convenience of the city with the feel of peaceful country life. We hope you'll visit us and take a look at our spacious 1 bedroom/1 bath, 2 bedroom/1 bath and 2 bedroom/2 bath apartment homes. La Vista Retirement Community is a property of the American Foundation for the Elderly Deaf (AFED),



Mariposa Apartment Homes

Address: 2600 Hunter Road

City: San Marcos, TX 78666

Phone: (512) 392-9588

Website: www.apartments.com/mariposa-apartment-

homes-hunter-road-55-san-marcos-tx/558b7cn/ Hours: 8:30-5:30 M,T,Th,F 10:30-5:30 W, 10-5 S

Mariposa Apartment Homes, in San Marcos, Texas offers active adult senior living to those fifty-five and better in this beautiful community. Whether you love swimming, games, movies, exercise or gathering in the great room, we know you will love it more with friends.

Pecan Plantation

Address: 11 Redwood Street

City: Maxwell, TX 78656 Phone: (512) 357-6111

Website: www.pecanplantationtx.com/

Hours: 9:00-5:00 M-F

If you are looking for affordable country living within an easy commute of San Marcos or Austin, Pecan Plantation in pastoral Caldwell County is the place you are looking for. Benefits of country living: Covered outdoor pool, Children's Playground, Tennis Courts, Mature Pecan trees, Shady lots, Basketball court & Fitness Center.

Senior Living Stone Brook

Address: 300 S Stagecoach Trail

City: San Marcos, TX 78666

Phone: (512) 392-9330

Website: www.liveatstonebrooksanmarcos.com/

Hours: 9:00-6:00 M-F

Stone Brook Senior Apartments offer active seniors (55 and older) an affordable, upscale lifestyle in the heart of San Marcos, Texas. Our warm, inviting community provides hassle-free living with lavish amenities and a full array of activities for an active social life.

Age of Central Texas

Address: 3710 Cedar Street

City: Austin, TX 78705 Phone: (512) 451-4611

Website: www.ageofcentraltx.org/

Hours: 7:00-5:50 M-F

AGE of Central Texas helps older adults and their caregivers thrive as they navigate the realities and opportunities of aging and caregiving. AGE of Central Texas is a regional nonprofit organization that provides education and support to people all along the spectrum of growing older, no matter where they are on that journey.

Alzheimer's Texas

Address: 7719 Wood Hollow Drive, Suite 157

City: Austin, TX 78731 Phone: (512)241-0420 Website: www.txalz.org/

Hours: 24/7

Mission: To eliminate Alzheimer's disease and related disorders through the advancement of research and to enhance care and support for individuals, their families, and caregivers. Vision: To create and sustain a dementia capable Texas in which persons with Alzheimer's and related disorders, and their families, receive quality care, effective treatments, and meaningful support.



Area Agency on Aging of the Capital Area

Address: 6800 Burleson Rd. Bldg. 310 Suite 165

City: Austin, TX 78744 Phone: (512) 916-6062

Website: wwwcapcog.org/divisions/area-agency-on-

aging/

Hours: 9:00-5:00 M-F

AAACAP serves older adults, people with disabilities and their caregivers with a variety of services & supports throughout the region. It works to ensure people can maintain their best quality of life in the environment of their choosing.

CASA of Central Texas

Address: 1619 East Common Street, Suite 301

City: New Braunfels, TX 78130

Phone: (830)626-2272

Website: www.casacentex.org/

Hours: 9:00-5:00 M-F

ASA volunteers are individuals from all walks of life who speak up for a child's best interests in court. You are not a foster parent, you are a voice making a real difference at a critical turning point in the child's life. By becoming a CASA volunteer, you provide a voice for children who have been abused or neglected.

Cenikor Foundation

Address: 1901 Dutton Drive Suite E

City: San Marcos, TX 78666

Phone: (888)236-4567

Website: www.cenikor.org/locations/san-marcos/

Hours: 24/7

We are proud to be one of the oldest, most successful, and best rehabilitation organizations in the nation. Cenikor provides effective treatments, helping people achieve sobriety, and sustain recovery for over 50 years. Our rehab experts will provide you, or your loved one, a personalized, tailored treatment plan.

Combined Community Action

Address: 165 West Austin

City: San Marcos, TX 78666

Phone: (800) 688-9065

Website: www.ccaction.com/ Hours: 8:00-5:00 M-TH 8:00-3:00 F

Combined Community Action, Inc. is a 501(c)3 non-profit organization that has been providing services since March 1966 to help change lives and assist people in our communities.

ple in our communities.



Community Action / SM Senior Center

Address: 810 Arizona St.

City: San Marcos, TX 78666

Phone: (512) 392-2427

Website: www.http://communityaction.com/

Hours: 9:00-5:00 M-F

The Senior Citizens facility in San Marcos provides senior citizens with opportunities to pursue mutual interests and participate in recreational activities that enhance quality of life, support independence and encourage continued involvement in and with the community.

Hays County Food Bank

Address: 220 Herndon St

City: San Marcos, TX 78666

Phone: (512)392-8300

Website: www.haysfoodbank.org/home.aspx

Hours: 8:00-4:00 M-TH 8:00-12:00 F

Hays County Food Bank is passionately committed to improving lives through food assistance programs, nutrition education, and advocacy. Hays County Food Bank provides food at no cost to low-income households and those suffering from some sort of food emergency due to job loss, medical emergencies, disasters, etc.

Lone Star Lions Eye Bank

Address: P.O. Box 347

City: Manor, TX 78653 Phone: (512) 457-0658 Website: www.lsleb.org/

Hours: 9:00-5:00 M-F

Lone Star Lions Eye Bank is a non-profit corp. dedicated to the preservation of sight through: Raising donor awareness in Texas, the U.S. & the world; Collecting, processing and distributing human corneas and ocular tissue to physicians for transplant; The support of research; Providing educational programs.

Master of Science & Aging Studies

Address: TX State University 601 University Drive.

City: San Marcos, TX 78666

Phone: (512)245-9010

Website: www.gradcollege.txstate.edu/programs/

msda.html

Hours: 9:00-5:00 M-F

Master of Science in Dementia and Aging Studies (MSDA) Program, Department of Sociology, Texas State University, Kyong Hee Chee, PHD. One of the Top 10 "Best Value" ONLINE Master's in Gerontology. Contact Lindy Warner, M.A. MK34@txstate.edu or 512-245-9010.



Memory & Cognition Lab

Address: TX State University 601 University Drive

City: San Marcos, TX 78666

Phone: (512) 245-6796

Website: www.memcoglab.wp.txstate.edu/

Hours: 9:00-5:00 M-F

Help us learn how the brain changes with age! We are conducting 1-2 hour single session studies that pay \$20 at locations convenient to you. If you are interested in helping advance scientific research, please contact Dr. Rebecca Deason at rdeason@txstate.edu or 512-245-6796 for more information.

RSVP / TIU

Address: 1000 West Court St.

City: Seguin, TX 78155

Phone: (830)379-0300

Website: www.tlu.edu/about-tlu/civic-engagement/

community-education/retired-senior-volunteer-

program-rsvp

Hours: 9:00-5:00 M-F

The mission of the RSVP of South Central Texas is to improve lives, strengthen communities, and foster civic engagement through service with volunteers age 55 and over dedicated to providing service that meets critical community needs.

Oasis Senior Advisors

Address: 3710 Cedar Street #281

City: Austin, TX 78705 Phone: (512) 361-4681

Website: www.oasissenioradvisors.com

Hours: 24/7

At Oasis Senior Advisors®, we're committed to helping your loved one achieve a happier and healthier lifestyle in the safety and comfort of an assisted living community. That's why our skilled senior advisors are here to help you sort through all the options and make an informed decision!

Texas Department of Insurance

Address: 333 Guadalupe St.

City: Austin, TX 78701 Phone: 1-800-252-3439

Website: www.tdi.texas.gov/

Hours: 9:00-5:00 M-F

The Texas Department of Insurance regulates the state's insurance industry, oversees the administration of the Texas workers' compensation system, performs the duties of the State Fire Marshal's Office, and provides administrative support to the Office of Injured Employee Counsel – a separate agency.



Texas Silver Haired Legislature

Address: 4224 Mather St

City: Kyle, TX 78640 Phone: (512) 268-2610 Website: www.txshl.org Hours: By Appointment

The Texas Silver-Haired Legislature provides senior citizens an opportunity to become directly involved in the legislative process. Here a forum for older citizens has been established to debate issues and establish priorities based on the result of these discussions.

The Meadows Center for Water and the Environment

Address: 201 San Marcos Springs Dr

City: San Marcos, TX 78666

Phone: (512) 245-7570

Website: www.meadowscenter.txstate.edu/

Hours: 10:00-4:00 M-F, S, S

Our Mission: Inspiring research and leadership that ensures clean, abundant water for the environment and all humanity. Our Vision: A world where all people understand and embrace the value of water and environmental stay and ship.

ronmental stewardship.

Services for Seniors U.S. Food and Drug

Address: 4040 North Central Expressway, Ste 300

City: Dallas, TX 75204 Phone: (214) 253-5200 Website: www.fda.gov/ Hours: 9:00-5:00 M-F

The Food and Drug Administration is responsible for protecting the public health by ensuring the safety, efficacy, and security of human and veterinary drugs, biological products, and medical devices; and by ensuring the safety of our nation's food supply, cosmetics, and products that emit radiation.

/ Vision

Howerton Eye Clinic

Address: 5401 FM 1626, Suite 365

City: Kyle, TX 78640 Phone: (512) 443-9715

Website: www.howertoneye.com

Hours: 8:00-5:00 M-F

Whether you need a routine eye exam, treatment for glaucoma or diabetic eye disease, or are interested in one of our eye-enhancing services like LASIK, iimplantable contact lenses, or cataracts surgery, Howerton Eye Clinic provides a wide range of services to correct, maintain, & improve vision in patients of all ages.

